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By Barbara Watson

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Barbara Watson (Author of Boundless Horizons) - -

Barbara Watson is the author of Boundless Horizons (4.00 avg rating, 1 rating, 0 reviews, published 2009), The Total Vegetarian Cookbook (3.00 avg rating

The Total Vegetarian Cookbook by Barbara Watson, -

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Adapted from a recipe by Barbara Watson in The Total Vegetarian Cookbook. October 2008 Table of Contents : Newsletter | Missionary Tabloids | Information Request.

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Barbara Watson is a medical social worker whose appreciation of healthful living and background in long term healthcare led her to a career in lifestyle education.

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